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RISE Adaptive Sports hosts wheelchair motocross at Alliance Skate Park

October 29, 2016 [News](#), [Sports](#)



RISE Adaptive Sports wheelchair motocross clinic. ©Bob Fitch/Grand Prairie Reporter – 2016

More than sixty young people, four through adult, that are confined to wheelchairs took part in Saturday's RISE Adaptive Sports wheelchair motocross (WCMX) clinic at Alliance Skate Park.

RISE, that stands for Recover, Inspire, Succeed and Empower, developed the clinic to teach those in wheelchairs how to be more independent, confident, overcome fears and how to compete in WCMX sporting events.



RISE Adaptive Sports wheelchair motocross clinic. ©Bob Fitch/Grand Prairie Reporter – 2016

WCMX was started two years ago, it is now one of the fastest growing adaptive sports.

[This year's World WCMX Championship, held at Alliance Skate Park](#), attracted competitors from around the world.

Brayant Cisneros, 18, said this was his first time to attend a WCMX clinic. He said it was a wonderful experience, meeting others and getting help and inspiration from volunteers and other participants.

“But, I’m really terrified to do everything,” Cisneros said. “But, I want to keep on doing it just so I can get it out of the way, so that I know, no matter what, I’m still going to try.”

Cisneros said now that he has overcome many of his fears, he plans to purchase the necessary equipment to take part in WCMX sporting events.

Arlington ISD educator Josh Leonard, whose son Aaron, 4, was the youngest at the clinic, said the clinic not only teaches the participants physical skills, the many drills and activities teach problem solving and critical thinking that is so important in education.



Josh Franklin puts a safety helmet on his son Aaron, 4, the youngest participant at the RISE Adaptive Sports wheelchair motocross clinic.
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The WCMX World Championship will be held April 20-23, 2017 at Alliance Skate Park.

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