



RISE Adaptive Sports Volunteer Information Sheet



On behalf of RISE Adaptive Sports, we would like to thank you for your interest in volunteering with our organization. At RISE our mission is to assist persons with physical challenges to **Recover, Inspire, Succeed, and Empower** themselves and others through adaptive recreational sport programs. We expect each volunteer to embrace this statement while serving our participants. Without your cooperation and support we could not exist.

Before volunteering with RISE, you will need to become a registered member. Registration can be completed at the web address, www.riseadaptivesports.org/wp/join-rise/. Once registered, you will need to make a reservation for the program you wish to serve at by visiting, <http://www.riseadaptivesports.org/wp/make-a-reservation/>. Registration is a onetime event; however, you will need to make reservations **at least 48 hours in advance** each time you serve.

Below is a current list of our adapted sports programs. If interested in volunteering with a specific sport, please contact the appropriate program manager. Be aware that dates and times are subject to change; therefore, it is imperative that you check the RISE calendar prior to scheduling. In addition, volunteers are expected to arrive on time and stay for the entirety of the program unless otherwise specified.

Year Round Programs:

- **WCMX:** ○ When: Every other Tuesday from 6 p.m. - 8 p.m. ○ Where: Alliance Skatepark -1002 Lonestar Parkway Grand Prairie, TX 75050 ○ Number of volunteers needed: 6-8
 - Contact info@riseadaptivesports.org

- **Quad Rugby:** ○ When: Fridays from 5:30 p.m. - 9:00 p.m.
 - Where: Georgia Farrow Recreation Center -530 Davis St., Irving, TX 75060
 - Number of volunteers needed: 4-5
 - Contact info@riseadaptivesports.org

- **Indoor Wheelchair/Power Soccer:**
 - When: Saturdays from 9 a.m. – 11 a.m.
 - Where: Georgia Farrow Recreation Center -530 Davis St., Irving, TX 75060
 - Number of volunteers needed: 4-5
 - Contact info@riseadaptivesports.org

- **Wheelchair Basketball:**
 - When: Saturdays from 11 a.m. – 1 p.m. ○ Where: Georgia Farrow Recreation Center -530 Davis St., Irving, TX 75060 ○ Number of volunteers needed: 4-5



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- **Handcycling:**
 - When: Saturdays from 9 a.m. – 11 a.m.
 - Where:
 - October – March - Georgia Farrow Recreation Center -530 Davis St., Irving, TX 75060
 - April – September - Meadowmere Park on Lake Grapevine - 3000 Meadowmere Lane, Grapevine, TX 76051
 - Number of volunteers needed: 1-2
 - Program Manager: Joel Hendrix; jhendrix@riseadaptivesports.org

- **Sailing:**
 - When: Saturdays from 9 a.m. – 12 p.m. (subject to change due to weather) ○ Where: Meadowmere Park on Lake Grapevine - 3000 Meadowmere Lane, Grapevine, TX 76051 ○ Number of volunteers needed: 1-2
 - Program Manager: Rick Brauer; rbrauer@riseadaptivesports.org

Summer programs (April – September):

- **Adapted Water Sports:**
 - Activities include: boating, kayaking, swimming, tubing, water skiing, and wakeboarding
 - When: Tuesdays – Thursdays from 9 a.m. – 12 p.m. and Saturdays from 9 a.m. – 1 p.m.
 - Where: Meadow mere Park on Lake Grapevine - 3000 Meadowmere Lane, Grapevine, TX 76051 ○ Number of volunteers needed: 6-8
 - Program Manager: Paul Gray; pgray@riseadaptivesports.org

Additional Programs:

Interests concerning these programs should be directed to info@riseadaptivesports.org.

- **Adult Hunting** ➤ **Advocacy**
- **Children's Camping**
- **Children's Hunting**



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- **Collaboration**
- **Group Outings**
- **Major Events**
- **Seasonal**
- **Veteran Hunting**

RISE Program Volunteer Duties include:

- Motivate and encourage each individual, at his or her current level, to improve, participate, and have fun.
- Assist with set-up.
- Assist with wheelchair preparations and minor maintenance (i.e. inflating tires, replacing wheels, etc.).
- Assist with equipment fitting (i.e. wheelchairs, skis, helmets, pads, gloves, etc.) and strapping.
- Assist with sign-in of new and returning participants/volunteers/family members.
- If necessary, assist with participant transfers from personal wheelchair to RISE provided wheelchair (Note: *always ask a participant if assistance is needed, never assume*).
- If necessary, assist with pushing/guiding manual wheelchairs (must be physically able to perform this task and prepared to push 100+ pounds).
- Learn the basic skills and rules of the sport. It is not expected that volunteers be experts, but we encourage all involved to become familiar with the basics.
- *Optional – Participate during the program. We encourage all in attendance to take part in the activity portion of all programs. This creates an enjoyable and inclusive environment for all in attendance.
- Assist with clean-up.

*** Note: RISE encourages the maximum amount of *independence* for each individual. However, safety is our *main* concern; therefore, use *best judgment* when assisting participants. If uncertain of a situation or the skill level of a participant, *please see a program manager before proceeding*.**

Again, thank you for your interest in volunteering with RISE. We look forward to serving alongside you during our next event. For more details, contact a Program Manager today!